

Raspberry Coconut Shortcake Green Smoothie

*from simplegreensmoothies.com

Ingredients

- 2 cups spinach
 - 1 cup coconut milk
 - 1 cup coconut water
 - 3 cups raspberries
 - 1 Tablespoon ground flax seed
 - 1 teaspoon vanilla extract
- OPTIONAL: garnish with coconut flakes, flax seed

Directions

1. Blend spinach and liquid until smooth.
 2. Add remaining ingredients, and blend until smooth. Garnish with coconut flakes and flax seed if you'd like, and enjoy!
- *Use frozen fruit to make smoothie cold.*

