

Avocado Bliss

- Orange – 1 medium
- Kale – 3 leaves
- Avocado – 1 fruit
- Spinach – 1 cup
- Cabbage – ½ cup
- Lemon – ½ fruit
- Carrot – 1 medium
- Ginger – ¼ thumb
- Strawberry – ½ cup
- Pineapple – ¼ cup
- Coconut Water –
6-8 oz

