

Piña Colada

*from simplegreensmoothies.com

Get an early start on summer with this tropical island Piña Colada green smoothie. The fresh pineapple and almond milk make this smoothie creamy and sweet. *Serves 2*

Ingredients

- 2 cups spinach, fresh
- 1 $\frac{1}{2}$ cups almond milk
- $\frac{1}{2}$ cup coconut water
- 3 cups pineapple, fresh
- 2 TBSP coconut flakes, unsweetened



Directions

1. Blend spinach, almond milk, and coconut water until smooth.
2. Add the remaining ingredients and blend again.

*Use at least one frozen fruit to make the green smoothie cold.

TIP: Save some coconut flakes to sprinkle on top as a crunchy topping.