

Pomegranate Green Smoothie

*from juicerecipes.com

- Apple - 1 medium
- Celery - 4 stalks
- Cucumber - $\frac{1}{2}$ fruit
- Grapes - 2 cups
- Pomegranate - 1 cup
- Spinach - 4 cups
- Coconut Water - 4-6 oz

